

Name of Measure: Satisfaction with Life Scale (Diener, Emmons, Larsen, & Griffin, 1985)

Purpose of Measure: To assess overall satisfaction with life

Author(s) of abstract:

Jennifer Crocker  
 State University of New York at Buffalo

Riia Luhtanen  
 State University of New York at Buffalo

Bruce Blaine  
 State University of New York at Buffalo

Stephanie Broadnax  
 State University of New York at Buffalo

Reference: Crocker, J., Luhtanen, R., Blaine, B., & Broadnax, S. (1994). Collective self-esteem and psychological well-being among White, Black, and Asian College students. *Personality & Social Psychology Bulletin*, 20(5), 503-513.

Description of measure: The Satisfaction With Life is a five-item scale that “is designed around the idea that one must ask subjects for an overall judgement of their life in order to measure the concept of life satisfaction” (Diener et al., 1985, pp. 71-72). Individuals indicate their degree of agreement or disagreement on a 7-point Likert-type scale.

Language availability: English.

Translation Comment: Not applicable

Description of Asian population: Two hundred and thirty eight undergraduate students enrolled in a large northeastern university participated in the research. They were 40.3% White/Caucasian, 38.2% Black/African American, 14.7% as Asian/Oriental, 6.7% Other.

	% Male	% U.S. Citizens	% English as 1 <sup>st</sup> lang	Median family income
White	54.2	97	94	50,000-59,000
Black	52.7	88	96	30,000-39,000
Asian	62.9	46	14	30,000-39,000

Norms:  
 SWLS Scale Means and Standard Deviations by Race

	White	Black	Asian
Mean ***	22.53	22.02	17.43
Standard Deviation	5.49	5.89	5.60

\*\*\* p<.001

Table reproduced with permission from Sage Publication, Inc.

Reliability: Diener et al. (1985) reported internal consistency reliability of .87. The alpha coefficient for the present combined sample was .82

Validity: See original reference

Original reference to instrument: Diener, E., Emmons, R.A., Larsen, R.J., & Griffin, S. (1985). The satisfaction with life scale. *Journal of Personality Assessment*, 49, 71-75.

How to obtain a copy of the instrument: Contact Marianne Yoshioka, Ph.D. Associate Professor, Columbia University School of Social Work, 622 West 113<sup>th</sup> Street, New York, NY 10025 (212)-854-5669. Mry5@columbia.edu