

BONE AND SOFT TISSUE TUMORS

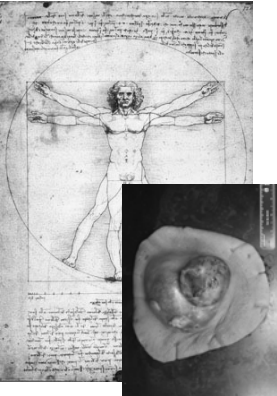
Fabrizio Remotti MD

CLASSIFICATION

- Purpose of classification is to link similar tumors in order to understand their behavior, determine the most appropriate treatment, and investigate their biology.
- However, purpose of a classification system is simplicity and reproducibility
- Therefore tumors are classified according to the cell type they resemble.
- Refinements are coming from cytogenetics, molecular, and gene expression studies.
- The majority arise from -or show differentiation toward- mesenchymal cells, but some show other differentiation (neuroectodermal, histiocytic).
- A small subset is of unknown histogenesis.

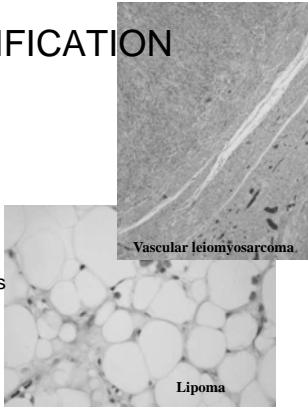
DEFINITION

- Soft tissue pathology deals with tumors of the connective tissues.
- The concept of soft tissue is understood broadly to include non-osseous tumors of extremities, trunk wall, retroperitoneum and mediastinum, and head & neck.
- Excluded (with a few exceptions) are organ specific tumors.



CLASSIFICATION

- Many tumors resemble tissues present in the region of origin.
- These tumors may be derived from stem cells that belong to local, organ-specific pools.
- Other involved stem cells may be bone marrow derived.

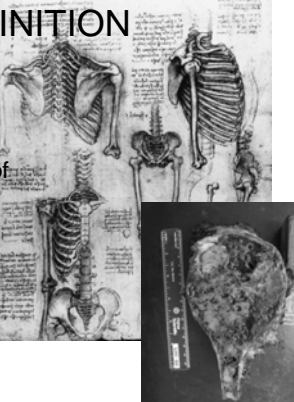


Vascular leiomyosarcoma

Lipoma

DEFINITION

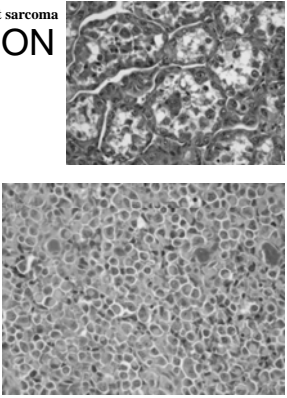
- Bone pathology deals with tumors of the skeletal system.
- Included are subsets of tumors from extra-osseous sites that show osseous and cartilaginous differentiation.



CLASSIFICATION

Alveolar soft part sarcoma

- Some tumors have no resemblance to normal tissue in the region (metaplastic foci within a tumor, or tumors of different histogenesis from the normal cells of the region)
- Some sarcomas have no normal cell counterparts, probably reflecting a unique genetic makeup.



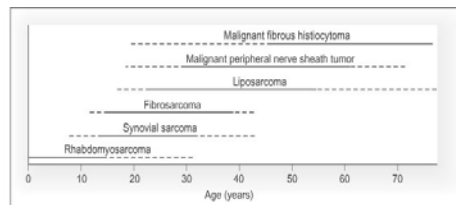
Epithelioid sarcoma, proximal type

CLASSIFICATION

- Tumors are also classified according to their biologic potential.
- A three-tiered system is used:
 - 1. **Benign**
 - 2. **Borderline (intermediate malignant)**
 - 3. **Malignant.**

EPIDEMIOLOGY

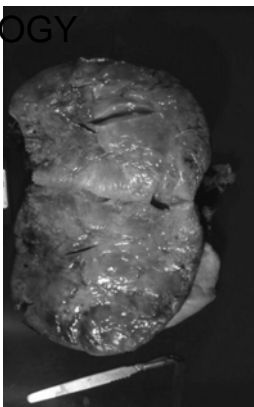
- The knowledge of epidemiologic data may help in diagnosis.



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EPIDEMIOLOGY

- Soft tissue (ST) sarcomas are rare tumors compared to other malignancies: **8,700** new sarcomas in 2001, with **4,400** deaths.
- The incidence of ST sarcomas in the USA is approximately **3.3 cases per 100,000** people.
- This is roughly **5%** of each of some of the most common carcinomas (prostate, breast and lung), half of all brain tumors, and approximately equal to AML.

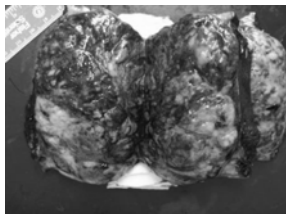


BONE TUMORS- EPIDEMIOLOGY

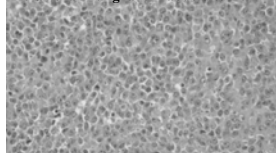
- Primary bone tumors are rare.
- Bone sarcomas account for 0.2% of all neoplasms (SEER Cancer Statistics Review, 1973-1996).
- Soft tissue sarcomas are approximately 10 times more common than primary bone sarcomas.

EPIDEMIOLOGY

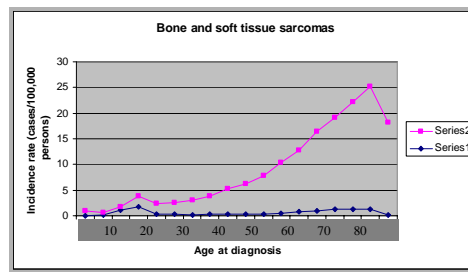
- There is a slight male predominance (with some subtypes more common in women).
- The majority of soft tissue tumors affect older adults (some sub-groups occur predominantly or exclusively in children).
- Incidence of benign soft tissue tumors not known, but probably outnumber malignant tumors **100:1**.



Extra-renal malignant rhabdoid tumor



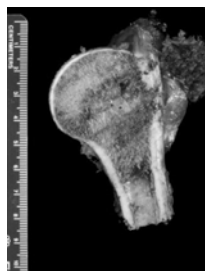
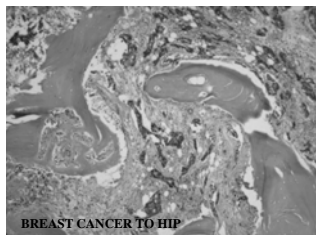
EPIDEMIOLOGY



● Soft tissue sarcomas
● Bone sarcomas

BONE TUMORS-EPIDEMIOLOGY

- The majority of tumors involving bone are secondary (or metastatic):
 - secondary (metastases) (95%)
 - primary (5%)

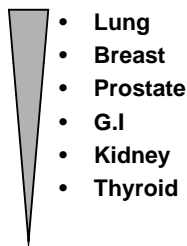


ETIOLOGY

- The etiology of sarcomas is poorly understood, and what is known apply only to a small fraction of the group.
- The known etiologic agents are ionizing radiation, oncogenic viruses, and chemicals.
- These agents are able to cause genetic alterations that can lead to tumorigenesis.

Secondary Tumors of Bone

- The carcinomas most frequently involved with bone metastasis originate from:



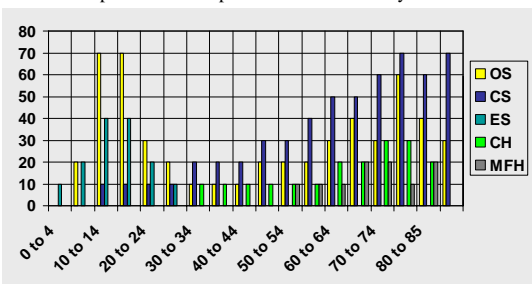
ETIOLOGY

- Radiation induced sarcomas develop in 1% of patients who have undergone therapeutic irradiation.
- The interval between irradiation and diagnosis of sarcoma varies between 5 and 10 years.
- The majority of radiation-induced sarcomas are high grade and poorly differentiated (MFH, FS, OS, and AS).

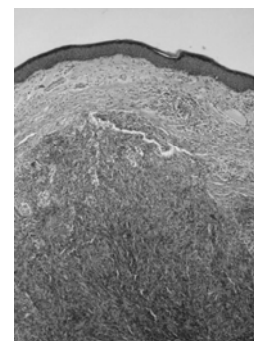
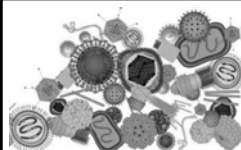


BONE TUMORS

- Bone sarcomas as a group have a bimodal distribution.
- The first peak is in the second decade.
- The second peak occurs in patients older than sixty.


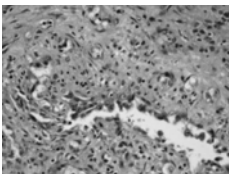
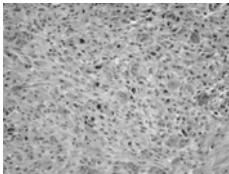


ETIOLOGY



- Oncogenic viruses introduce new genomic material in the cell, which encode for oncogenic proteins that disrupt the regulation of cellular proliferation.
- Two DNA viruses have been linked to soft tissue sarcomas:
 - Human herpes virus 8 (HHV8) linked to Kaposi's sarcoma
 - Epstein-Barr virus (EBV) linked to subtypes of leiomyosarcoma
- In both instances the connection between viral infection and sarcoma is more common in immunosuppressed hosts.

ETIOLOGY


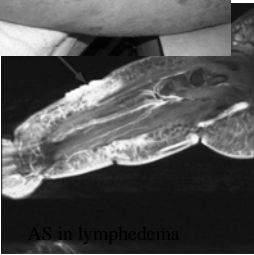




- Herbicides (“agent orange”) and peripheral soft tissue sarcomas
- Retained metal objects (shrapnel, surgical devices) and OS, AS and MFH
- Vinyl chloride, inorganic arsenic, Thorotrast, anabolic steroids linked to AS and MFH.

CONGENITAL SYNDROMES ASSOCIATED WITH BONE AND SOFT TISSUE TUMORS

| Disorder | Inheritance | Locus | Gene | Tumor |
|---|-------------|-----------------------|--------------|-------------------------------------|
| Maffucci syndrome | Sporadic | - | - | Enchondromas, CS, hemangiomas, AS |
| Mazabraud syndrome | Sporadic | 20q13 | GNAS1 | Fibrous dysplasia, OS, IM myxomas |
| McCune - Albright syndrome | Sporadic | 20q13 | GNAS1 | Fibrous dysplasia, osteosarcomas |
| Multiple osteochondromas, non-syndromic | AD | 8q24 11p11-12 | EXT1 EXT2 | Osteochondromas, chondrosarcomas |
| Myofibromatosis | AR | - | - | Myofibromas |
| Neurofibromatosis type 1 | AD | 17q11 | NF1 | Neurofibromas, MPNST |
| Neurofibromatosis type 2 | AD | 22q12 | NF2 | Schwannomas |
| Ollier disease | Sporadic | 3p21-22 | PTHR1 | Enchondromas, chondrosarcomas |
| Paget disease of bone, familial | AD | 18q21 5q31 5q35 | | Osteosarcomas |
| Proteus syndrome | Sporadic | - | - | Lipomas |
| Raiimblastoma | AD | 13q14 | RB1 | Osteosarcomas, soft tissue sarcomas |
| Rhabdoid predisposition syndrome | AD | 22q11 | SMARCB1 | Malignant rhabdoid tumors |
| Rothmund-Thompson syndrome | AR | 8q24 | RECQL4 | Osteosarcomas |
| Rubinstein-Taybi syndrome | AD | 16p13 | CREBBP | Rhabdomyosarcomas |
| Venous malif. With glomus cells | AD | 1p21-22 | - | Glomus tumors |
| Werner syndrome | AR | 6p11-12 | WRN | Bone and soft tissue sarcomas |

ETIOLOGY

- Host factors may also play a role in the development of soft tissue sarcomas.
 - Immunosuppression, besides Kaposi’s sarcoma, may be associated with sarcomas.
 - Lymphedema, congenital or acquired (post-mastectomy) is a rare cause of extremity-based AS.

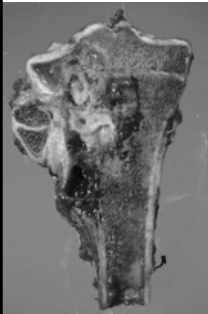
SOFT TISSUE TUMORS CLASSIFICATION

| MAJOR TYPES OF SOFT TISSUE TUMORS | | |
|-----------------------------------|--------------------------|--------------------------|
| Cell type | Benign tumor | Malignant tumor |
| (Myo)fibroblast | Fibroma, myxoma | Fibrosarcoma, MFH |
| Adipocyte | Lipoma | Liposarcoma |
| Smooth muscle cell | Leiomyoma | Leiomyosarcoma |
| Skeletal muscle cell | Rhabdomyoma | Rhabdomyosarcoma |
| Endothelial cell | Hemangioma | Angiosarcoma |
| Schwann cell | Schwannoma, neurofibroma | MPNST |
| Cartilage cell | Chondroma | Chondrosarcoma |
| Interstitial cell | GIST | GIST |
| Histiocyte | JXG, GCTTS, RDD | True histiocytic sarcoma |
| Unknown | No benign counterparts | ES, SS, ES, ASPS |

CONGENITAL SYNDROMES ASSOCIATED WITH BONE AND SOFT TISSUE TUMORS

| Disorder | Inheritance | Locus | Gene | Tumor |
|--|-------------|------------------|---------------|--|
| Albright hereditary osteodystrophy | AD | 20q13 | GNAS1 | Soft tissue calcifications and osteomas |
| Bannayan-Riley-Ruvalcaba syndrome | AD | 10q23 | PTEN | Lipomas, hemangiomas |
| Beckwith-Wiedemann syndrome | Sp/AD | 11p15 | Complex | Embryonal RMS, myxomas, fibromas, hamartomas |
| Bloom syndrome | AR | 15q26 | BLM | Osteosarcoma |
| Carney complex (Familial myxoma syndrome) | AD | 17q23-24 2p16 | PRKAR1A | Myxomas and pigmented schwannomas |
| Familial chondroma | AD | 7q33 | - | Chondomas |
| Costello syndrome | Sporadic | - | - | Rhabdomyosarcomas |
| Cowden disease (Multiple hamartoma syndrome) | AD | 10q23 | PTEN | Lipomas, Hemangiomas |
| Diaphyseal medullary stenosis | AD | 9p21-22 | - | MFH |
| Familial adenomatous polyposis | AD | 5q21 | APC | Craniofacial osteomas, desmoid tumors |
| Familial expansile osteolysis | AD | 18q21 | TNFRSF11A | Osteosarcomas |
| Familial infiltrative fibromatosis | AD | 5q21 | APC | Desmoid tumors |
| Langer-Giedion syndrome | Sporadic | 8q24 | EXT1 | Osteochondromas, chondrosarcomas |
| Li-Fraumeni syndrome | AD | 17p13 22q11 | TP53 CHEK2 | Osteosarcomas, RMS, other sarcomas |
| Familial multiple lipomas | AD | - | - | Lipomas |

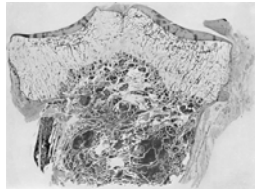
WHO CLASSIFICATION OF BONE TUMORS



| WHO CLASSIFICATION OF BONE TUMORS | Cartilage tumors | Osteochondroma | |
|-----------------------------------|-------------------------|-----------------------|----------------------|
| | | Chondroma | Enchondroma |
| | | | Periosteal chondroma |
| | | | Mult. chondromatosis |
| | | Chondroblastoma | |
| | | Chondromyxoid fibroma | |
| | | Chondrosarcoma | Central |
| | | | Peripheral |
| | | | Dedifferentiated |
| | | | Mesenchymal |
| | | | Clear cell |
| | Osteogenic tumors | Osteoid osteoma | |
| | | Osteoblastoma | |
| | | Osteosarcoma | Conventional |
| | | | Telangiectatic |
| | | | Small cell |
| | | | Low grade central |
| | | | Secondary |
| | | | Parosteal |
| | | | Periosteal |
| | | | High grade surface |
| | Fibroblastic tumors | Desmoplastic fibroma | |
| | | Fibrosarcoma | |
| | Fibrohistiocytic tumors | Desmoplastic fibroma | |
| | | Fibrosarcoma | |

Osteosarcoma

WHO CLASSIFICATION OF BONE TUMORS

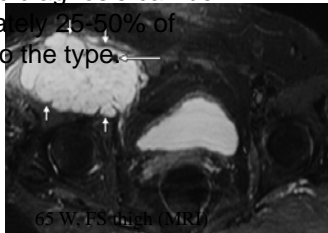


Aneurysmal bone cyst

| | |
|-----------------------|-------------------------------|
| Ewing/PNET | Ewing sarcoma |
| Hematopoietic tumors | Plasma cell myeloma |
| | Malignant lymphoma |
| Giant cell tumor | Giant cell tumor |
| | Malignant giant cell tumor |
| Notochordal tumors | Chordoma |
| Vascular tumors | Hemangioma |
| | Angiosarcoma |
| Smooth muscle tumors | Leliomyoma |
| | Leliomyosarcoma |
| Lipogenic tumors | Lipoma |
| | Liposarcoma |
| Neural tumors | Schwannoma |
| Miscellaneous tumors | Adamantinoma |
| | Metastatic malignancy |
| Miscellaneous lesions | Aneurysmal bone cyst |
| | Simple cyst |
| | Fibrous dysplasia |
| | Osteofibrous dysplasia |
| | Langerhans cell histiocytosis |
| | Erdheim-Chester disease |
| | Chest wall hamartoma |
| Joint lesions | Synovial chondromatosis |

IMAGING STUDIES

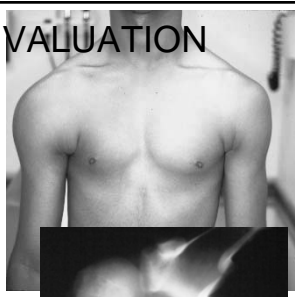
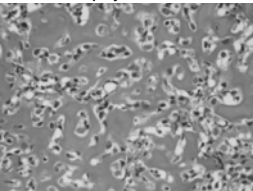

- CT and particularly MRI allow detection and staging by delineating anatomical extent in virtually all cases.
- A relatively specific diagnosis can be given in approximately 25-50% of cases, according to the type.



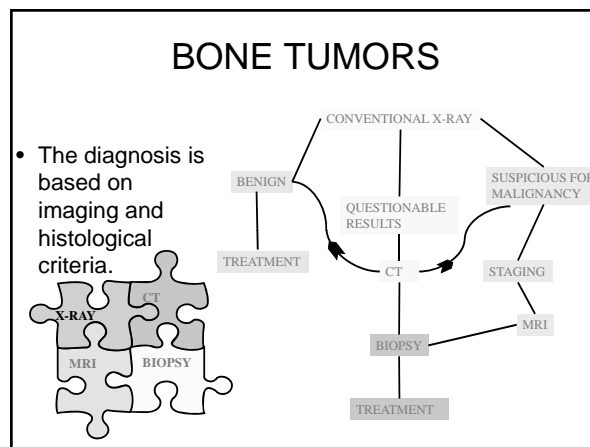
63 W, FS, thigh (MRI)

CLINICAL EVALUATION

- Clinical presentation
- Physical examination
- Pretreatment evaluation:
 - 1. biopsy

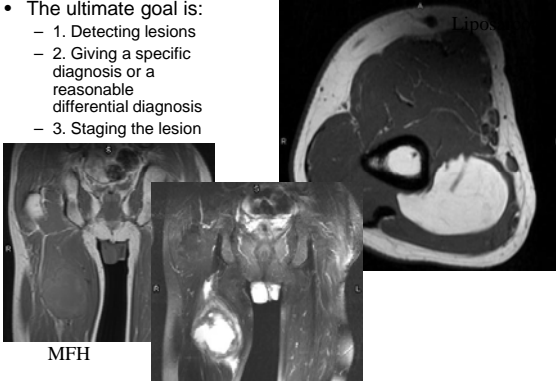




Osteosarcoma, 18M



IMAGING STUDIES

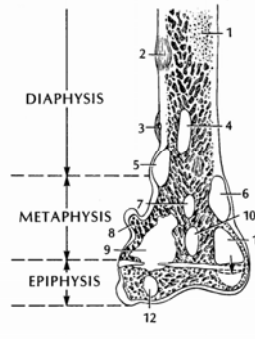
- The ultimate goal is:
 - 1. Detecting lesions
 - 2. Giving a specific diagnosis or a reasonable differential diagnosis
 - 3. Staging the lesion



MFH

BONE TUMORS

- Conventional radiographs are still important in the diagnosis of bone tumors.
- Many tumors are site-specific.
- Many tumors have a characteristic radiographic appearance.



1. Aneurysmal bone cyst, lymphoma, myeloma
2. Osteofibrous dysplasia, adamantinoma
3. Osteoid osteoma
4. Fibrous dysplasia
5. Chondromyxoid fibroma
6. Non-ossifying fibroma
7. Bone cyst, osteoblastoma
8. Osteochondroma
9. Osteosarcoma
10. Enchondroma, chondrosarcoma
11. Giant-cell tumor
12. Chondroblastoma

BONE TUMORS

The diagrams illustrate different types of bone tumors and their characteristic periosteal reactions. On the left, tumor types are shown with labels: Sclerotic Margin, Geographic With Sharp Margin, Geographic With Motheaten, Permeate, Solid, Cloud-Like, Ivory-Like, Stippled, Flocculent, and Rings and Arcs. On the right, periosteal reactions are categorized into Continuous and Interrupted, with specific types like Solid, Single Lamella, Onion-Skin, Spiculated, Buttress, Codman Angle, and Lamellated.

Some fancy words from the world of shadows

BIOPSY

- Select least invasive technique that allows diagnosis (including grade):
 - Percutaneous fine needle aspiration.
 - Percutaneous core needle biopsy (blind or image-guided).
 - Incisional biopsy.
 - Excisional biopsy.

Craig cutting needle with T-handle and sheath for bone biopsies

Craig needle set

IMAGING STUDIES

The imaging studies show a distal femur with a soft tissue mass, characteristic of an osteosarcoma. The X-ray shows a lytic lesion with a soft tissue mass, and the MRI shows a large soft tissue mass.

14F R distal femur Osteosarcoma

Soft tissue mass

BIOPSY

- Percutaneous needle core biopsy usually yield adequate tissue for diagnosis.
- There is enough tissue for morphological studies.

Metastatic myxoid liposarcoma to liver

Osteosarcoma

IMAGING STUDIES

- Although imaging studies may give a reasonably accurate diagnosis on the biological potential of a lesion, there are not many lesions that may be accurately diagnosed by imaging studies alone.
- The biopsy is the gold standard for diagnosis.

| TABLE 3-12 | SOFT TISSUE MASSES FREQUENTLY DIAGNOSED WITH IMAGING ALONE |
|------------|--|
| | Lipomatous lesions |
| | Angiomatous lesions |
| | Neurogenic tumors |
| | Elastofibroma |
| | Pigmented villonodular synovitis (PVNS) |
| | Synovial chondromatosis |
| | Myositis ossificans |
| | Tumoral calcinosis |
| | Ganglion |
| | Synovial cyst |
| | Clear cell tumor of tendon sheath |
| | Fibromatosis (particularly superficial lesions hand/foot) |
| | Nodular fasciitis |
| | Myxoma |
| | Abscess |
| | Hematoma |

The content of Chapter 3 is derived from the Armed Forces Institute of Pathology and is therefore in the public domain.

BIOPSY

- Core biopsies yield enough material for extensive immunohistochemical stains.


24M, arm, clear cell sarcoma

MITF

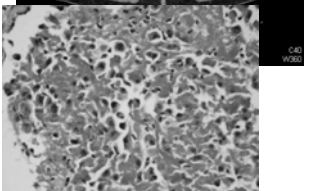
S-100

BIOPSY

- Incisional biopsies are required in many cases.



Study Date: 3/21/07
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50M, angiosarcoma of ischium.

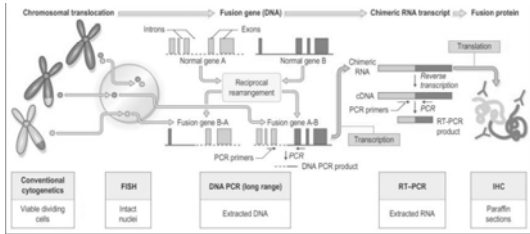
| Soft tissue tumor | Translocation | Gene fusion | Approximate prevalence* |
|--|----------------------|-----------------------|-------------------------|
| Alveolar rhabdomyosarcoma | t(2;13)(q35;q14) | PAX3-FKHR | 65% |
| Angiomatoid fibrous histiocytoma | t(1;13)(p36;q14) | PAX7-FKHR | 15% |
| | t(2;22)(q33;q12) | EWS-CREB1 | * |
| | t(12;16)(q13;p11) | EWS-ATF1 | * |
| Alveolar soft part sarcoma | t(8;17)(p11;q25) | ASP-TFE3 | >95% |
| Clear cell sarcoma | t(12;22)(q33;q12) | EWS-ATF1 | >90% |
| | t(2;22)(q33;q12) | EWS-CREB1 | >90% |
| Dermatofibrosarcoma protuberans/giant cell fibroblastoma | t(17;22)(q21;q13) | COL1A1-PDGFR | * |
| Desmoplastic fibroblastoma | t(2;11)(q31;q12) | Unknown | >95% |
| Desmoplastic small round cell tumor | t(11;22)(p13;q12) | EWS-WT1 | * |
| Epithelioid hemangioendothelioma | t(1;3)(p36.3;q25) | Unknown | * |
| Extraskeletal myxoid chondrosarcoma | t(9;22)(q22;q11) | EWS-NR4A3 | 75% |
| Ewing sarcoma/PNET | t(11;22)(q24;q12) | EWS-FLI1 | 90% |
| | t(12;22)(q22;q12) | EWS-ERG | 5% |
| | t(7;22)(q22;q12) | EWS-ETV1 | <1% |
| | t(2;22)(q33;q12) | EWS-FEV | <1% |
| | t(17;22)(q21;q12) | EWS-ETAF | <1% |
| | t(16;21)(p11;q22) | FUS-ERG | <1% |
| Fibromyxoid sarcoma low-grade | t(7;16)(q33;p11.2) | FUS-CREB2 | >95% |
| Giant cell tumor of tendon sheath | t(11;16)(q13;q11.2) | FUS-CREB1 | <5% |
| Inflamable fibrosarcoma | t(1;2)(p13;q37) | CSF1-COL6A3 | * |
| Inflammatory myofibroblastic tumor | t with 2p23 | ETV6-NTRK3 | >95% |
| Lipoblastoma | t with 8q12 | PLAG1 fusions | * |
| Lipoma, ordinary | t with 12q15 | HMGA2 fusions | * |
| | t with 6p21 | HMGA1 rearrangements* | * |
| Myxoid round cell liposarcoma | t(12;16)(q13;p11) | FUS-CHOP | >95% |
| | t(2;22)(q33;q11) | EWS-CHOP | <5% |
| Pericytoma | t(7;12)(p21;q13) | ACTB-GLI | * |
| Synovial sarcoma | t(9;18)(p11.2;q11.2) | SYT-SSX1 | 65% |
| | | SYT-SSX2 | 35% |
| | | SYT-SSX4 | <1% |

*Insufficient data to estimate prevalence.
*Translocation rarely present in unrearranged form as der(9) only (see text for details).
*Translocation usually present and amplified as ring chromosome (see text for details).
*HMGA1 rearrangements usually do not result in fusion transcripts (see text for details).

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SPECIAL DIAGNOSTIC STUDIES

- Many sarcomas require additional studies to confirm the diagnosis and, in some cases, to add prognostic information.

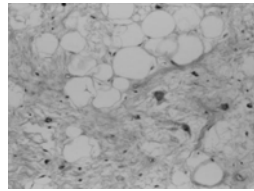


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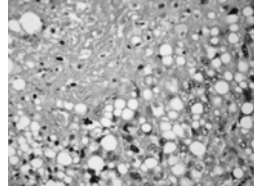
GRADING

- Grading is an element of any current staging system.
- Correct grading requires correct histologic typing of the sarcoma, as demonstrated by the inclusion of "histologic type" as a grading variable.

Well-differentiated liposarcoma



Pleomorphic liposarcoma

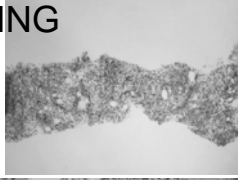


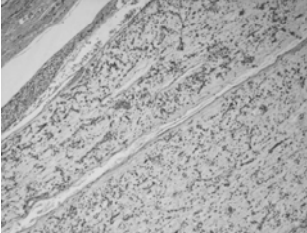
GENETICS OF CONNECTIVE TISSUE NEOPLASMS

- Numerous cancer-specific genetic alterations have been described, unfortunately almost exclusively for soft tissue neoplasms.
- Some of them (such as translocations, numerical changes, large deletions and gene amplifications) are seen at the cytogenetic level.
- Subtle changes (such as single base pair substitutions, small deletions) require molecular genetic detection.

GRADING

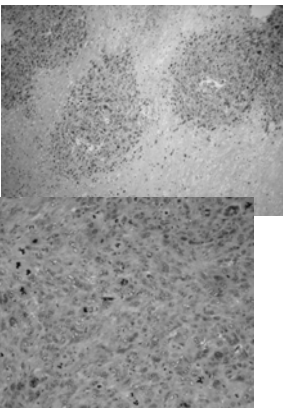
- Grading applies best to excision specimen because biopsies may be non-representative of the correct grade.
- Preoperative treatments, such as radiation, chemotherapy, or embolization, can make grading of the resection specimen inapplicable.





GRADING

- Weak points of grading:
 - Subjective elements (number of mitoses, percent of necrosis, tumor differentiation)
 - Sampling
 - Frequent vs. rare tumor



MFH

GRADING-ST SARCOMAS

| |
|--|
| DIFFERENTIATION SCORE 1 |
| Well differentiated sarcoma (fibro-, lipo-, leiomyo-, chondro-) Well differentiated MPNST (neurofibroma with malignant transformation) |
| DIFFERENTIATION SCORE 2 |
| Conventional fibrosarcoma, leiomyosarcoma, angiosarcoma Conventional MPNST Myxoid sarcomas (MFH, liposarcoma, chondrosarcoma) Storiform-pleomorphic MFH |
| DIFFERENTIATION SCORE 3 |
| Sarcomas of undefined histog. (ASPS, SS, ES, CCS, undiff. Sarc., malig. rhabdoid tumor) Ewing family of tumors Pleomorphic sarcomas (lipo-, lei-) Round cell and pleomorphic liposarcoma Rhabdomyosarcoma (except botryoid and spindle cell) Poorly differentiated angiosarcoma Triton tumor, epithelioid MPNST Extraskeletal mesenchymal CS, and osteosarcoma Giant-cell and inflammatory MFH |

GRADING

- Any diagnostic entity has a range of malignancy.
- The grade within the overall range depends on the histologic features (cellularity, pleomorphism, mitotic activity, necrosis, etc.)

| Histologic type | Histologic grade | | |
|----------------------------------|------------------|----|-----|
| | I | II | III |
| Fibrosarcoma | | | |
| Infiltrative fibrosarcoma | | | |
| Dermatofibrosarcoma protuberans | | | |
| Malignant fibrous histiocytoma | | | |
| Liposarcoma | | | |
| Well-differentiated liposarcoma | | | |
| Myxoid liposarcoma | | | |
| Round cell liposarcoma | | | |
| Pleomorphic liposarcoma | | | |
| Lipomyosarcoma | | | |
| Rhabdomyosarcoma | | | |
| Angiosarcoma | | | |
| Malignant hemangioendothelioma | | | |
| Synovial sarcoma | | | |
| Malignant mesothelioma | | | |
| Malignant PMST | | | |
| Neuroblastoma | | | |
| Ganglioneuroblastoma | | | |
| Extraskeletal chondrosarcoma | | | |
| Myxoid chondrosarcoma | | | |
| Mesenchymal chondrosarcoma | | | |
| Extraskeletal osteosarcoma | | | |
| Malignant granular cell tumor | | | |
| Alveolar soft part sarcoma | | | |
| Epithelioid sarcoma | | | |
| Clear cell sarcoma | | | |
| Extraskeletal Ewing sarcoma/PNET | | | |

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STAGING

- The stage is an estimate of the extent or dissemination of a tumor (and in the current systems includes tumor grade).
- Staging is important for planning of treatment and prognostication.
- Clinical data and imaging studies are part of staging process
- (Visceral sarcomas excluded)

GRADING- ST SARCOMAS

| GRADING SYSTEM SOFT TISSUE SARCOMAS (FFCC) | | Score (1-3) |
|--|--|---------------|
| TUMOR DIFFERENTIATION | | |
| well diff | | 1 |
| defined histogenetic types | | 2 |
| poorly diff & undef histogenesis | | 3 |
| MITOTIC COUNT | | |
| 0-9/10HPF | | 1 |
| 10-19/HPF | | 2 |
| >20 HPF | | 3 |
| TUMOR NECROSIS | | |
| none | | 0 |
| <50% | | 1 |
| >50% | | 2 |
| HISTOLOGIC GRADE | | Sum of scores |
| 1 | | 2 or 3 |
| 2 | | 4 or 5 |
| 3 | | 6, 7 or 8 |

STAGING (G-TNM)- ST SARCOMAS

| STAGE | GRADE | PRIMARY TUMOR | LYMPH NODES | METASTASIS |
|--------|-------------|--------------------------|----------------------|----------------|
| I - IV | LOW OR HIGH | T1 (<5 CM) OR T2 (>5 CM) | NEG/POS | ABSENT/PRESENT |
| IA | LOW | T1a or T1b | NEGATIVE | ABSENT |
| IB | LOW | T2a or T2b | NEGATIVE | ABSENT |
| IIA | HIGH | T1a or T1b | NEGATIVE | ABSENT |
| IIB | HIGH | T2a | NEGATIVE | ABSENT |
| III | HIGH | T2b | NEGATIVE | ABSENT |
| | ANY | ANY | POSITIVE | ABSENT |
| | ANY | ANY | POSITIVE OR NEGATIVE | PRESENT |

"a" superficial tumors of trunk and extremities (above fascia)
"b" deep tumors of trunk and extremities or intra-abdominal, intra-thoracic or retro-peritoneal

STAGING OF ST SARCOMAS

| 5-yr survival | |
|---------------|-------|
| Stage | % |
| I | 86 |
| II | 72 |
| III | 52 |
| IV | 10-20 |

NEJM 2005; 353: 701-711

BONE TUMORS

| | | | | |
|-----------|-------|--------|-------|------------|
| Stage IA | T1 | N0, NX | M0 | Low grade |
| Stage IB | T2 | N0, NX | M0 | Low grade |
| Stage IIA | T1 | N0, NX | M0 | High grade |
| Stage IIB | T2 | N0, NX | M0 | High grade |
| Stage III | T3 | N0, NX | M0 | Any grade |
| Stage IVA | Any T | N0, NX | M1a | Any grade |
| Stage IVB | Any T | N1 | Any M | Any grade |
| | Any T | Any N | M1b | Any grade |

AJCC Cancer Staging Manual, 6th Edition, Springer, New York

BONE SARCOMAS

- Like ST sarcomas, bone sarcomas need to be graded (grading is an important element of the staging and determines if the tumor is stage I or II).
- The TNM system for bone sarcomas follows a 2 tier grading system: low- and high-grade.

BONE TUMORS

- Stage I: low grade intra-compartmental (risk of metastasis <25%)
- Stage II: high-grade extra-compartmental (risk of metastasis >25%)
- Stage III: any grade, discontinuous tumor in the primary bone site
- Stage IV: any grade, metastatic

BONE TUMORS

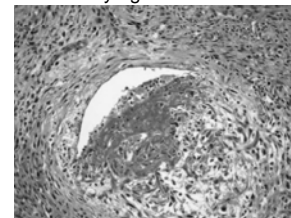
- The staging of bone sarcomas follows the TNM system.

| Primary tumor (T) | TX | Primary tumor cannot be assessed |
|--------------------------|----|---|
| | T0 | No evidence of primary tumor |
| | T1 | Tumor less or equal to 8 cm in greatest dimension |
| | T2 | Tumor equal or more than 8 cm in greatest dimension |
| | T3 | Discontinuous tumors in the primary bone site |
| Regional lymph nodes (N) | NX | Regional lymph nodes cannot be assessed |
| | N0 | No regional lymph node metastasis |
| | N1 | Regional lymph node metastasis |
| Distant metastases (M) | MX | Distant metastasis cannot be assessed |
| | M0 | No distant metastasis |
| | M1 | Distant metastasis: |
| | | M1a: lung |
| | | M1b: other sites |

AJCC Cancer Staging Manual, 6th Edition, Springer, New York

PARAMETERS TO BE INCLUDED IN REPORT OF A SARCOMA

- FINAL REPORT
 - 1. Tumor site, type of excision
 - 2. Depth of the tumor
 - 3. Tumor type and variant
 - 4. Grade (if possible)
 - 5. Tumor size
 - 6. Status of margins & L.N.
 - 7. Percent of necrosis
 - 8. Vascular invasion,
- ADDENDUM REPORT(S)
 - 1. Immunohistochemistry
 - 2. Electron microscopy
 - 3. Cytogenetics



TREATMENT

- Surgery and pre- or postoperative external beam radiation treatment in the primary local treatment for most patients with localized disease.
- Adjuvant chemotherapy is usually reserved for patient with high-grade sarcomas.
- Patients with metastatic disease considered for chemotherapy and selected cases may undergo metastasectomy.



TREATMENT

- Currently approximately 90% of patients with localized extremity sarcomas undergo limb-sparing surgery.



31F with OS 9 year s/p surgery