

PATIENT INTERVIEW EXERCISE WORKSHEET:

Student: _____ Date: _____

Patient Demographics (No names or patient identifiers)

Age: _____
Sex (as defined by patient): _____
Ethnicity (as defined by patient): _____
Race (as defined by patient): _____
Nationality (as defined by patient): _____
Highest Education Level Achieved: _____
Primary Language Spoken By Patient: _____
Secondary Language Spoken By Patient: _____
Does the patient have any children?: _____
Is the patient employed and if so, what is the position?: _____

PART ONE: There is a 300 character limit (one or two sentences) for each of your answers so be brief. N/A is acceptable if the question is not applicable to your patient.

Social Context Questions

Change in environment

1. Where are you from? (If from outside the United States mainland) What made you come to this country (city, or town)? When did you come? (If from the US mainland), when did your family come to the United States?

2. How have you found life here compared to life in your country?

3. What was medical care like there compared to with here?

Social stressors and support

1. What is causing you the most difficulty or stress in your life? How do you deal with this?

2. Do you have friends or relatives that you can call on for help? Who are they and do they live close to you?
3. Are you involved with social or religious groups?
4. Do you believe that God or a higher power provides a strong sense of support in your life?

Literacy and language

1. Do you have trouble reading your medication bottles or appointment slips?
2. What language do you speak at home? Do you ever feel that you have difficulty communicating everything you want to say to the doctor or staff?
3. Does someone translate or interpret for you at medical visits? If so, who?

Control over environment

1. Is money a big problem in your life? Are you ever short of food or clothing?
2. How do you keep track of appointments?

3. Are you more concerned about how your health affects you right now or how it might affect you in the future?

Exploring the Meaning of Illness and Health

Explanatory model

1. Why are you coming to visit the doctor today?
2. (Discuss the patient's cholesterol issue or one major problem elicited by the patient) What do you think caused your problem? What do you call it?
3. Why do you think it started when it did?
4. How does it affect your life?
5. How severe is it? What worries you the most?
6. What kind of treatment do you think would work? What have you heard about the drugs used for cholesterol (or another condition if not discussing cholesterol)?

Patient's agenda

1. How can the doctor be most helpful to you?
2. What is most important for you?

Illness behavior

1. Have you seen anyone else about this problem? Other physicians? Anyone else besides a physician?
2. Have you used non-medical remedies or treatments for your problem?
3. Who advises you about your health?

STOP AT THIS POINT. DISCUSS YOUR FINDINGS BRIEFLY WITH THE PATIENT'S PHYSICIAN. COMPLETE THE NEXT SECTION ON YOUR OWN AFTER THE ENCOUNTER IS COMPLETE. AN ELECTRONIC "SHARING" SESSION WILL FOLLOW WITH YOUR CP3 SMALL GROUP CYBERTEACHER.

STUDENT'S POST INTERVIEW EXERCISE WORKSHEET:

PART TWO: There is a **2000 character limit** (one or two paragraphs) for your answers.

Write your thoughts to the questions below.

1. What is this patient's "explanatory model" for their given condition?
2. How does the explanatory model differ from the biomedical model? How strongly does this patient adhere to their model?
3. Was the biomedical explanatory model explained to the patient in understandable terms? Did it incorporate the patient's terminology and conceptualization as necessary? How would you have done this differently or not?
4. How can you determine the patient's degree of understanding and acceptance of the biomedical model? If conflict remains, how can core cultural issues and core contexts be re-evaluated?
5. Was there discrepancy or agreement between the patient and provider priorities? Was a reasonable management plan discussed? Did the patient directly accept acceptance of this plan?

6. Do you have any other insights or observations into the interview session?

Adapted from J. Emilio Carrillo, MD, MPH; Alexander R. Green, MD; and Joseph R. Betancourt, MD, MPH, "Cross Cultural Primary Care: A Patient-Based Approach." Ann Intern Med. 1999; 103:829-834