

PCORE | Depression Post Survey



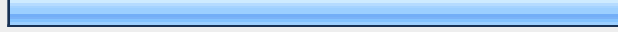

1. Please enter your UNI.		
		Response Count
		467
	<i>answered question</i>	467
	<i>skipped question</i>	0

2. Please fill in the name of institution you are working at for your Clerkship.		
		Response Count
		467
	<i>answered question</i>	467
	<i>skipped question</i>	0

3. Ms. Martin feels fatigued and “not quite right”. Her physical examination and lab work up are negative. She completely denies being depressed. Upon further questioning she does describe losing interest in activities she used to like to do, decreased appetite, unintentional weight loss, and occasional problems with insomnia. At this point, which is the most appropriate next step in assessing Ms. Martin? (Choose the one best answer.)

		Response Percent	Response Count
Consider testing for lupus.	<input type="checkbox"/>	0.7%	3
Perform an MRI scan of her abdomen, pelvis, and left leg.	<input type="checkbox"/>	0.5%	2
Consider further cardiac testing.	<input type="checkbox"/>	0.2%	1
Prescribe Ms. Martin diazepam (Valium) and zolpidem (Ambien).	<input type="checkbox"/>	0.0%	0
Have Ms. Martin complete a standardized screening questionnaire for depression.	<input checked="" type="checkbox"/>	98.6%	430
		<i>answered question</i>	436
		<i>skipped question</i>	31





4. Marsha Martin agrees to complete a standardized screening questionnaire for depression. You have asked her both questions on the Patient Health Questionnaire – 2 (PHQ – 2) and you received a positive response when you asked her if she has little interest or pleasure in doing things; she has less pleasure or interest in doing things she used to enjoy (ex. book club, yoga, relationships). You go on to do the Patient Health Questionnaire – 9 (PHQ – 9) with Ms. Martin and she has the following responses: PHQ – 9 Patient: Ms. Marsha Martin Over the last 2 weeks, how often have you been bothered by any of the following problems? : 1. Little interest or pleasure in doing things – More than half the days (score 2) 2. Feeling down, depressed, or hopeless – Not at all (score 0) 3. Trouble falling or staying asleep, or sleeping too much – More than half the days (score 2) 4. Feeling tired or having little energy – More than half the days (score 2) 5. Poor appetite or overeating – More than half the days (score 2) 6. Feeling bad about yourself—or that you are a failure or have let yourself or your family down – Not at all (score 0) 7. Trouble concentrating on things, such as reading the newspaper or watching television – More than half the days (score 2) 8. Moving or speaking so slowly that other people could have noticed. Or the opposite—being so fidgety or restless that you have been moving around a lot more than usual – Not at all (score 0) 9. Thoughts that you would be better off dead, or of hurting yourself in some way – Not at all (score 0) 10. If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people? – Somewhat difficult Total Score: 10 According to the Patient Health Questionnaire-9 depression screening Ms. Martin:

		Response Percent	Response Count
does not have depression		0.5%	2
should be considered for a diagnosis of mild depression		2.3%	10
should be considered for a diagnosis of moderate depression		94.3%	411
should be considered for a diagnosis of moderately severe depression		3.0%	13
should be considered for a diagnosis of severe depression		0.0%	0
		<i>answered question</i>	436
		<i>skipped question</i>	31



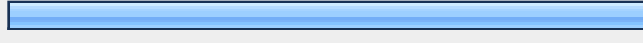

5. Ms. Martin has moderate major depression after you verify her responses to a standardized depression screening questionnaire (ex. PHQ – 9). After further assessment, she has no manic or hypomanic history or current symptoms; denies suicidal or homicidal ideation or plans; and her symptoms have not been persistent for more than 2 years at lesser or greater degree. This is her first episode of major depression. You review the appropriate treatment options with Ms. Martin and they include all of the following except:

		Response Percent	Response Count
antidepressants medication alone	<input type="checkbox"/>	4.1%	18
psychotherapy alone	<input type="checkbox"/>	2.5%	11
combination antidepressant medication and psychotherapy	<input type="checkbox"/>	2.5%	11
electroconvulsive therapy (ECT)	<input checked="" type="checkbox"/>	89.2%	389
psychiatric management (ex. monitoring patient safety, establishing a therapeutic alliance, etc.)	<input type="checkbox"/>	1.6%	7
		<i>answered question</i>	436
		<i>skipped question</i>	31

6. After her initial assessment, you and Ms. Martin have agreed to treatment using an antidepressant medication such as a selective serotonin uptake inhibitor (SSRI) for her first episode of moderate major depression. You have been seeing Ms. Martin on an ongoing basis for 7 months for her depression. She initially spent 12 weeks in the “acute phase” of treatment, getting her SSRI titrated up to an optimal level which resolved her depressive symptoms. She continues quite stable and free of symptoms in the “continuation phase” of treatment now for an additional 16 weeks. Ms. Martin wants to know if she can have her antidepressant medication discontinued. Appropriate counseling of this patient includes the following:

		Response Percent	Response Count
The recurrence rate for patients with a single major depressive episode is low (<10% of all patients).		1.6%	7
Depressive symptoms after discontinuation of antidepressant medications are always attributed to discontinuation syndromes.		0.9%	4
A patient may request to continue on “maintenance phase treatment” even if they are a candidate for discontinuation of their depression treatment.		95.9%	418
Depressive symptoms after discontinuation of antidepressant medications are always attributed to relapse of major depression.		1.6%	7
		<i>answered question</i>	436
		<i>skipped question</i>	31

7. If during her antidepressant medication treatment, Marsha Martin told you that she had gone on impulsive and expensive shopping spree and engaged in several risky unprotected sexual encounters you would appropriately refer her to a psychiatrist because:

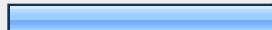
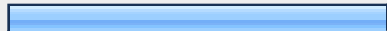

		Response Percent	Response Count
She may be have an undiagnosed dysthymic disorder		0.5%	2
She may have an undiagnosed schizophrenic disorder		0.2%	1
She may have an undiagnosed bipolar disorder		98.4%	429
She may have an undiagnosed personality disorder (Axis II disorder)		0.9%	4
		<i>answered question</i>	436
		<i>skipped question</i>	31






8. Please list three things learned from this course.

		Response Count
		436
		<i>answered question</i>
		436
		<i>skipped question</i>
		31

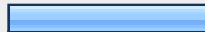
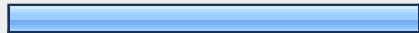


9. Approximately how long did it take to read the module and to complete all the questions?			
		Response Percent	Response Count
Less than 30 minutes		3.2%	14
30 minutes to 1 hour		15.9%	69
1 hour to 90 minutes		35.8%	155
90 minutes to 2 hours		24.9%	108
Greater than 2 hours		20.1%	87
		<i>answered question</i>	433
		<i>skipped question</i>	34

10. The module instructions were clear to me.			
		Response Percent	Response Count
Strongly Agree		36.7%	159
Agree		61.9%	268
No Opinion		1.4%	6
Disagree		0.0%	0
Strongly Disagree		0.0%	0
		<i>answered question</i>	433
		<i>skipped question</i>	34

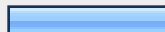




11. I understood how to find my way around the module.			
		Response Percent	Response Count
Strongly Agree		40.6%	176
Agree		58.2%	252
No Opinion		1.2%	5
Disagree		0.0%	0
Strongly Disagree		0.0%	0
<i>answered question</i>			433
<i>skipped question</i>			34

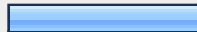
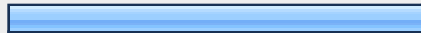



12. In going through the module, I felt lost or confused at some point in time.			
		Response Percent	Response Count
Strongly Agree		3.2%	14
Agree		6.9%	30
No Opinion		9.5%	41
Disagree		55.7%	241
Strongly Disagree		24.7%	107
<i>answered question</i>			433
<i>skipped question</i>			34

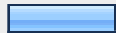
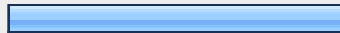
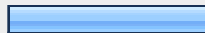


13. If so, where?			Response Count
			12
<i>answered question</i>			12
<i>skipped question</i>			455

14. The text was easy to read.			
		Response Percent	Response Count
Strongly Agree		30.3%	131
Agree		63.0%	273
No Opinion		1.8%	8
Disagree		4.8%	21
Strongly Disagree		0.0%	0
<i>answered question</i>			433
<i>skipped question</i>			34

15. If not, where?		
		Response Count
		33
<i>answered question</i>		33
<i>skipped question</i>		434

16. The number of questions/interactive elements was appropriate.			
		Response Percent	Response Count
Strongly Agree		23.8%	103
Agree		67.9%	294
No Opinion		4.4%	19
Disagree		3.5%	15
Strongly Disagree		0.5%	2
<i>answered question</i>			433
<i>skipped question</i>			34

17. The materials in this web module added to my understanding of Depression.			
		Response Percent	Response Count
Strongly Agree		29.1%	126
Agree		63.5%	275
No Opinion		4.8%	21
Disagree		2.3%	10
Strongly Disagree		0.2%	1
		<i>answered question</i>	433
		<i>skipped question</i>	34

18. The material in the Library added to my understanding of Depression.			
		Response Percent	Response Count
Strongly Agree		16.2%	70
Agree		51.3%	222
No Opinion		30.3%	131
Disagree		2.1%	9
Strongly Disagree		0.2%	1
		<i>answered question</i>	433
		<i>skipped question</i>	34